Target Participants
Pre-service teachers including early childhood, primary and secondary teachers.

Selection of Participants
The Program is voluntary, and the students are invited into the Program through the Campus Ministers and lecturers in education. Advertising includes video and flyers.

Mode(s) of Delivery/Facilitation
Module One consists of a retreat and 25 hours Church participation. The retreat is delivered by a Team of people from the ACU La Salle Academy along with ACU Campus Ministry Team. Module Two and Three is delivered by the La Salle Academy Formation Team.

Frequency of Program
Module One is conducted on each campus each year. Module Two is planned for delivery from next year along with introducing Module Three (Ministry Experience in a cross-cultural context) in 2018 or 2019.

Program funding/costs
Covered by ACU and student fees.
Description of the Program (design, content, processes)

Module One: Catholic Life and Practice awards a Certificate of Participation upon completion. This Module provides students an opportunity to hear the Gospel message in a fresh way and engage in the life and mission of the Catholic Church with a focus on the personal faith formation of the student.

Module Two: Faith Formation and Ministry in Catholic Schools awards a Certificate of Formation upon completion. This Module builds on the first and equips students in faith formation and ministry within the context of the Catholic school. This Module includes the New Evangelisation, youth ministry method and practice and models of formation in Catholic schools.

Module Three: Youth Ministry Experience awards a Certificate of Ministry upon completion. This Module is an extension that involves a mission team experience that can be conducted in a cross-cultural context.

Please see the details from page 3 onwards.

Identification of participants’ needs

Discussion with students and dialogue with Catholic Education Offices across the Country. This approach has helped shape the aims and development of the Modules.

Evaluation methods and the broad results of evaluation

A sample evaluation follows.

The four principles of formation (Framework, p14) that are most evident in participant evaluation

The Signum Fidei Formation Program has been developed with a focus on formation of ‘the head, the heart and the hand’. It attempts to meet the students where they are at in their faith journey, especially with the initial retreat experience. The focus of the Modules are Christ centred and inviting the student into the call to personal discipleship including entering into a faith community in the context of the Catholic Church. Modules two and three include developing skills in ministry within Schools and also the opportunity to further grow in faith through participating in a cross-cultural ministry experience including outreach to Catholic schools in another culture.

CONTACT Peter Woods Peter.Woods@acu.edu.au
Welcome to the Signum Fidei Catholic Life and Mission Program,

Signum Fidei is a practical initiative of the ACU La Salle Academy to provide meaningful opportunities that will complement the academic program of the university, and play a primary role in the formation of critical thought and a viable faith for young adults. The Signum Fidei Catholic Life and Mission Program is comprised of three Modules of Catholic Life and Practice; Faith Formation and Ministry in Catholic Schools; and Youth Ministry Experience. A student will be awarded a Certificate upon successful completion of each Module. The Modules offer a formation program and incorporate a range of broader Church experiences that allow for student participation.

At an employment level, successful completion of Signum Fidei over pre-service teaching degrees will also provide a discriminator for Catholic employers in choosing people of faith to take up teaching positions in Catholic schools, in addition to completing Religious Education Accreditation requirements.

The Modules are non-award courses. ACU is exploring ways that they may count towards pre-service teaching degrees whilst also providing an additional qualification upon completion.

I look forward to welcoming you further into the Signum Fidei Catholic Life and Mission Program.

Professor Br David Hall
Dean, La Salle Academy for Faith Formation and Religious Education

Signum Fidei is to prepare pre-service teachers to teach and lead in Catholic schools.
Signum Fidei is for everyone.

The committed.
The questioning.
The doubtful.
The hopeful.
What?

Signum Fidei is a Catholic Life and Mission Program for the faith formation of pre-service teachers and ministry leaders in realising the aspirations of the New Evangelisation so as to be prepared to teach or be a youth minister in a Catholic school.

Why?

1. Have Certificates of Participation, Formation and Ministry to enhance your chances of employment in Catholic schools.
2. An opportunity for you to have a retreat experience with other young people.
3. Provides a pathway for you to actively participate in the life of the Church.
4. Allows you to grow spiritually and understand your calling to teaching.
5. To understand your role in the mission of the Church through encountering the other.
6. To experience the world through dynamic and life changing cross-cultural mission opportunities.
7. Learning contemporary ministry skills to be equipped for teaching.
8. Becoming a leader in the Church and for the Catholic education system.
9. Belong to a community of young adults who are exploring their faith and becoming a teacher.

Want to teach in a Catholic school? Signum Fidei is for you.
Module One: Catholic Life and Practice awards a **Certificate of Participation** upon completion. This Module provides students an opportunity to hear the Gospel message in a fresh way and engage in the life and mission of the Catholic Church with a focus on the personal faith formation of the student.

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Module Three: Youth Ministry Experience awards a **Certificate of Ministry** upon completion. This Module is an extension that involves a mission team experience that can be conducted in a cross-cultural context.

Upon completion of each module the student will receive certification from the ACU La Salle Academy.
This Module will consist of participation in a short intensive retreat experience, with follow up opportunities for participation in various Church and ministry activities. The retreat will be focused on reflection, sharing and teaching about the Catholic faith in a faith community context. Central to this will be opportunities for prayer and worship as well as celebration of the Sacraments of Eucharist and Reconciliation. The retreat experience will also have a focus on youth evangelisation including peer-to-peer ministry and on teachers sharing their own experience of faith formation. The Church participation component will consist of various activities conducted on campus and also local, regional and national Church based activities and ministries including Parishes and Movements. These activities will be overseen by the ACU Campus Pastoral Associate to students. Completion of the retreat experience and 25 indicative hours of Church participation are required for the Certificate of Participation.

LEARNING OUTCOMES
On successful completion of this module, pre-service teachers should be able to:
1. Reflect on their own faith journey in life, appreciating the importance of nurturing their faith in the vocation of teaching.
2. Understand the core message of the Catholic faith through an experience of youth ministry, teacher sharing, community and celebration of the Sacraments.
3. Understand the opportunities for further ministry in the ACU campuses and in the local, regional and national Church community and ministry outreach.
4. Comprehend how the Catholic life is a call to mission and service of others through engagement in service and ministry based activities.
5. Consider further formation pathways offered by the ACU through the La Salle Academy.

CONTENT
a) ‘Signum Fidei’ Retreat
This would be conducted with the support of Campus Pastoral Associates, students and teachers in the CSYMA network. It is a program focused on entering the ‘journey of faith’ and includes a peer-to-peer youth ministry and teacher witness experience. The content includes teaching as receiving and sharing God’s Love, understanding the kerygma, entering the door of faith and teaching as vocation. The experience is the ‘Signum Fidei’ introduction retreat with the ‘Porta Fidei Deepening’ experience being conducted in the Signum Fidei Module One.

b) Church Participation
To draw young people into an experience of the broader Church, participation in local, regional, national and international Church ministry experiences will count towards completion of Module One. Students will record in this Journal ministry participation which will include a short reflection on their experience of the initiative. These Church Initiatives will be graded ‘points’ according to duration, regularity, level of commitment and depth of formation. A rubric will be established to maintain consistency in grading. A student will be required to complete a required minimum number of points worth of Church initiatives before completing the module (indicative of 25 hours). A minimum of 10 hours Church participation beyond the ACU is required. Examples of Church Participation are outlined in the diagram on page 8.
“Signum Fidei supports pre-service teachers, so you can be confident and competent to contribute to the identity and mission of the Catholic school. The program will give you the opportunity to engage in Catholic life and practice so that you will be a better teacher and a better leader.”

Professor Br David Hall
**COMPLETING THE SIGNUM FIDEI PROGRAM**

1. Module 1: Catholic Life and Practice (Certificate of Participation)
2. Module 2: Faith Formation and Ministry in Catholic Schools (Certificate of Formation)
3. Module 3: Youth Ministry Experience (Certificate of Ministry)

**COMPLETING THE CERTIFICATE OF PARTICIPATION (CATHOLIC PRACTICE AND LIFE)**

1. Students must commence and complete Module 1: Catholic Life and Practice (Certificate of Participation) in a single academic year.
2. Completion of the retreat experience and 25 indicative hours of Church participation are required to successfully complete and receive the Certificate of Participation. A minimum of 10 hours of Church participation is required beyond ACU Campus Ministry.
3. The 25 hours of Church participation is required to be recorded using the formal Signum Fidei Journal.
4. A student must successfully complete Module 1 to commence participation in Module 2: Faith Formation and Ministry in Catholic Schools.

A student who has successfully completed the program requirements will exit with a Signum Fidei Catholic Life and Mission Program Statement of Completion from the La Salle Academy for Faith Formation and Religious Education.

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### MODULE ONE: CATHOLIC LIFE AND MISSION

#### FORMING PRE-SERVICE TEACHERS IN THE ASPIRATIONS OF THE NEW EVANGELISATION

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<th>Focus</th>
<th>Sacraments and Prayer</th>
<th>Spirituality</th>
<th>Ministry</th>
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<tr>
<td>Porta Fidei Retreat Vision</td>
<td>This Porta Fidei Retreat Experience is a one-day retreat focused on entering the ‘door of faith’ and is a ‘teacher to teacher’ and peer ministry experience. The content includes teaching as sharing God’s Love, teaching the basic Gospel message, entering the door of faith and teaching as vocation.</td>
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<tr>
<td>ACU Broader Church Vision</td>
<td>To draw young people into an experience of the broader Church, participation in local, regional, national and international Church ministry experiences will count towards completion of the Participation Certificate. Students will keep an electronic portfolio of ministry participation which will include a short reflection on their experience of the initiative.</td>
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**Some Possibilities Include**

- **Sacraments:** RCIA, Eucharist, Reconciliation or Eucharistic Adoration

- **Prayer and Scripture:** Prayer Journal, Bible study, Lectio Divina, Prayer Groups, Meditation etc.

**Church Events:**

- World Youth Day (WYD), ACYF, Ignite Conference, Diocesan Retreats, Pilgrimages (Rome, the Camino, Mary MacKillop Pilgrimages, Light to the Nations etc.), Theology on Tap, Catholic Schools Youth Ministry Australia Events including the Youth Ministry Equipping School.

**Ecclesial Entities:**

- Membership of lay associations (Good Samaritan Oblates, Marist Association, De La Salle Community, Benedictine Oblates etc.).

**Outreach:**

- Special Religious Education (CCD), Immersion Experiences – Indigenous communities, overseas opportunities, Social Justice and service outreach to the local community (St Vincent de Paul, Matt Talbot Hostel / Soup Kitchen, etc.), Parish Ministries (Home Visitations, nursing homes, etc.), Youth Ministry activities (Parish, Schools and Religious Institutes, ecclesial and apostolic communities, etc.), and Catholic Welfare Agencies.

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### Indicative participation of 25 hours including minimum 10 hours broader Church participation across two focus strands minimum
Retreat
Experience
Welcome to the Signum Fidei Retreat. This Retreat experience will be focused on inviting you to enter the ‘journey of faith’ through exploring the meaning of Signum Fidei - the Sign of Faith. Throughout this Retreat, you will see the Signs of Faith lived out amongst fellow university students, teachers and leaders in Catholic education. This Retreat will focus on exploring faith within your lived context through exploring the Emmaus story and a challenge for you to step out in faith.

**Signum Fidei Retreat**


Now that same day two of them were going to a village called Emmaus, about seven miles from Jerusalem. They were talking with each other about everything that had happened. As they talked and discussed these things with each other, Jesus himself came up and walked along with them; but they were kept from recognising him. He asked them, “What are you discussing together as you walk along?”

They stood still, their faces downcast. One of them, named Cleopas, asked him, “Are you the only one visiting Jerusalem who does not know the things that have happened there in these days?” “What things?” he asked.

“About Jesus of Nazareth,” they replied. “He was a prophet, powerful in word and deed before God and all the people. The chief priests and our rulers handed him over to be sentenced to death, and they crucified him; but we had hoped that he was the one who was going to redeem Israel. And what is more, it is the third day since all this took place. In addition, some of our women amazed us. They went to the tomb early this morning but didn’t find his body. They came and told us that they had seen a vision of angels, who said he was alive. Then some of our companions went to the tomb and found it just as the women had said, but they did not see Jesus.”

He said to them, “How foolish you are, and how slow to believe all that the prophets have spoken! Did not the Messiah have to suffer these things and then enter his glory?” And beginning with Moses and all the Prophets, he explained to them what was said in all the Scriptures concerning himself.

As they approached the village to which they were going, Jesus continued on as if he were going farther. But they urged him strongly, “Stay with us, for it is nearly evening; the day is almost over.” So he went in to stay with them.

When he was at the table with them, he took bread, gave thanks, broke it and began to give it to them. Then their eyes were opened and they recognised him, and he disappeared from their sight. They asked each other, “Were not our hearts burning within us while he talked with us on the road and opened the Scriptures to us?”

They got up and returned at once to Jerusalem. There they found the Eleven and those with them, assembled together and saying, “It is true! The Lord has risen and has appeared to Simon.” Then the two told what had happened on the way, and how Jesus was recognised by them when he broke the bread.
Stepping Out (Jesus Walks on the Water) - Matthew 14:22-33 (NIV)
Immediately Jesus made the disciples get into the boat and go on ahead of him to the other side, while he dismissed the crowd. After he had dismissed them, he went up on a mountainside by himself to pray. Later that night, he was there alone, and the boat was already a considerable distance from land, buffeted by the waves because the wind was against it.

Shortly before dawn Jesus went out to them, walking on the lake. When the disciples saw him walking on the lake, they were terrified. “It’s a ghost,” they said, and cried out in fear.

But Jesus immediately said to them: “Take courage! It is I. Don’t be afraid.” “Lord, if it’s you,” Peter replied, “tell me to come to you on the water.” “Come,” he said.

Then Peter got down out of the boat, walked on the water and came toward Jesus. But when he saw the wind, he was afraid and, beginning to sink, cried out, “Lord, save me!”

Immediately Jesus reached out his hand and caught him. “You of little faith,” he said, “why did you doubt?” And when they climbed into the boat, the wind died down. Then those who were in the boat worshiped him, saying, “Truly you are the Son of God.”

Small Groups
Signum Fidei Journey - Signs of Faith
1) Introduce yourself - share your name, what you are studying and a fun fact about you with the small group.
2) Reflect on a time where you haven’t been able to see Jesus walking with you on your journey.
3) Share your reflection on your Emmaus journey, do you see Jesus walking with you now?

Stepping Out in Faith
1) Describe an experience in your life where you’ve had to step out?
2) What holds you back in terms of stepping out in faith?
3) Reflecting on the story of Peter stepping out from Matthew’s Gospel, how are you called to step out of the boat?
Church Participation
### Signum Fidei - Church Participation Journal and Reflections

To invite you into an experience of the broader Church, you will have the opportunity to participate in a variety of Church ministry initiatives within ACU and beyond. These experiences will be recorded in this journal below.

Included within this journalling will be a short reflection of your experience of the initiative. This reflection should be based on your own faith journey in life and appreciating the importance of nurturing your faith in your vocation of teaching (Learning Outcome 1).

#### Example

**Event Name:** Sunset sessions  
**Focus (Circle):** Sacraments and Prayer  
**Date:** 22/3/17  
**Hours:** 2 hours  
**Reflection:** The Sunset Sessions gave me the chance to stop, take a breath and reflect on who I am in my day-to-day life. The prayer and reflection throughout was something I haven’t had the opportunity to do too often, but was really powerful for me and something I want to keep doing into the future.

**Authorisation:**  
**Signature:** John Smith  
**Date:** 23/3/17

### Journal

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<th>Reflection</th>
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**REFLECTION**

How did the Church Initiative deepen your faith or engage you into the Church community?

**AUTHORISATION**

**SIGNATURE**

**NAME**

**DATE**
Signum Fidei - Catholic Life and Practice Reflection

Through completion of Module One - Catholic Life and Practice - you have had the opportunity for a retreat experience focused on reflection, sharing and teaching about the Catholic faith in a faith community context including opportunities for you to grow in your personal faith. In addition, you have participated in the life and mission of the Church both within ACU and into the broader Church.

Drawing on your retreat experience and Church participation in service and ministry activities, reflect on how your vocation to teaching has developed through participating in Module One (Learning Outcomes 1 and 4).
You are encouraged to keep this Signum Fidei Journal in your personal portfolio for you to draw on as you continue to pursue your employment in Catholic education.
All of us... are missionary disciples. We are called to become a living Gospel in the world.

- Pope Francis, Evangelii Gaudium
REPORT

Signum Fidei Catholic Life and Mission Program

Signum Fidei Retreats, Semester 1 2017
Brisbane, Strathfield and Melbourne
SIGNUM FIDEI

Signum Fidei is a Catholic Life and Mission Program for the faith formation of pre-service teachers and ministry leaders in realising the aspirations of the New Evangelisation so as to be prepared to teach or be a youth minister in a Catholic school.

SIGNUM FIDEI MODULES

Module One: Catholic Life and Practice awards a Certificate of Participation upon completion. This Module provides students an opportunity to hear the Gospel message in a fresh way and engage in the life and mission of the Catholic Church with a focus on the personal faith formation of the student.

Module Two: Faith Formation and Ministry in Catholic Schools awards a Certificate of Formation upon completion. This Module builds on the first and equips students in faith formation and ministry within the context of the Catholic school. This Module will include the New Evangelisation, youth ministry method and practice and models of formation in Catholic schools.

Module Three: Youth Ministry Experience awards a Certificate of Ministry upon completion. This Module is an extension that involves a mission team experience that can be conducted in a cross-cultural context.

MODULE ONE: CATHOLIC LIFE AND PRACTICE

This Module will consist of participation in a short intensive retreat experience, with follow up opportunities for participation in various Church and ministry activities. The retreat will be focused on reflection, sharing and teaching about the Catholic faith in a faith community context. Central to this will be opportunities for prayer and worship as well as celebration of the Sacraments of Eucharist and Reconciliation. The retreat experience will also have a focus on youth evangelisation including peer-to-peer ministry and on teachers sharing their own experience of faith formation. The Church participation component will consist of various activities conducted on campus and also local, regional and national Church based activities and ministries including Parishes andMovements. These activities will be overseen by the ACU Campus Pastoral Associate to students. Completion of the retreat experience and 25 indicative hours of Church participation are required for the Certificate of Participation.

Learning Outcomes
On successful completion of this module, pre-service teachers should be able to:
1. reflect on their own faith journey in life, appreciating the importance of nurturing their faith in the vocation of teaching.
2. understand the core message of the Catholic faith through an experience of youth ministry, teacher sharing, community and celebration of the Sacraments.
3. understand the opportunities for further ministry in the ACU campuses and in the local, regional and national Church community and ministry outreach.
4. comprehend how the Catholic life is a call to mission and service of others through engagement in service and ministry based activities.
5. consider further formation pathways offered by the ACU through the La Salle Academy.

Content

a) “Signum Fidei” Retreat
This would be conducted with the support of Campus Pastoral Associates, students and teachers in the CSYMA network. It is a program focused on entering the ‘journey of faith’ and includes a peer-to-peer youth ministry and teacher witness experience. The content includes teaching as receiving and sharing God’s Love, understanding the kerygma, entering the door of faith and teaching as vocation. The experience is the ‘Signum Fidei’ introduction retreat with the ‘Porta Fidei Deepening’ experience being conducted in the Signum Fidei Module One.

b) Church Participation
To draw young people into an experience of the broader Church, participation in local, regional, national and international Church ministry experiences will count towards completion of Module One. Students will record in this Journal ministry participation which will include a short reflection on their experience of the initiative. These Church Initiatives will be graded ‘points’ according to duration, regularity, level of commitment and depth of formation. A rubric will be established to maintain consistency in grading. A student will be required to complete a required minimum number of points worth of Church initiatives before completing the module (indicative of 25 hours). A minimum of 10 hours Church participation beyond the ACU is required.

MODULE ONE: CATHOLIC LIFE AND MISSION

FORMING PRE-SERVICE TEACHERS IN THE ASPIRATIONS OF THE NEW EVANGELISATION

SACRAMENTS AND PRAYER
PRAYER AND SCRIPTURE:
- RCIA, Eucharist, Reconciliation or Eucharistic Adoration
- Prayer Journal, Bible study, Lectio Divina, Prayer Groups, meditation etc.

SPIRITUALITY

MINISTRY

CHURCH EVENTS:
- World Youth Day (WYD), ACYF, Ignite Conference, Diocesan Retreats, Pilgrimages (Rome, the Camino, Mary MacKillop Pilgrimages, Light to the Nations etc.), Theology on Tap, Catholic Schools Youth Ministry Australia Events including the Youth Ministry Equipping School.
- Membership of lay associations (Good Samaritan Oblates, Marist Association, De La Salle Community, Benedictine Oblates etc.).

PORTA FIDEI RETREAT

VISION

This Porta Fidei Retreat Experience is a one-day retreat focused on entering the ‘door of faith’ and is a ‘teacher to teacher’ and peer ministry experience. The content includes teaching as sharing God’s Love, teaching the basic Gospel message, entering the door of faith and teaching as vocation.

FOCUS

SOME POSSIBILITIES INCLUDE

- Sunset Sessions
- Eucharist and Adoration (ACU Chapel)
- Connect Groups
- Campus Ministry Mid-Year Retreats
- Campus Ministry Ignite Conference Group
- ACU Pilgrimages
- Random Acts of Kindness
- Campus Ministry Frontier Internship

OUTREACH:
- Special Religious Education (CCD), Immersion Experiences – Indigenous communities, overseas opportunities, Social Justice and service outreach to the local community (St Vincent de Paul, Matt Talbot Hostel/ Soup Kitchen, etc.), Parish Ministries (Home Visitation, nursing homes, etc.)
- Parish Ministry activities (Parish, Schools and Religious Institutes, ecclesial and apostolic communities, etc.)
- Catholic Welfare Agencies.

Indicative participation of 25 hours including minimum 10 hours broader Church participation across two focus strands minimum
Feedback Overview
Signum Fidei Module One Retreats

STUDENT DEMOGRAPHICS

Degree of Study
- Teaching
- Education (Primary)
- Education (Primary and Early Childhood)
- Other

Year of Study
- 1st
- 2nd
- 3rd
- 4th

Number of Participants
- Brisbane
- Strathfield
- Melbourne
REPORT: Signum Fidei Retreat

**QUESTION 1 - SIGNS OF FAITH**
Did the Signum Fidei Retreat help you to see signs of faith in your life?

- **Total**: 99%
- **Strathfield**: 97%
- **Melbourne**: 100%
- **Brisbane**: 100%

**QUESTION 2 - STEPPING OUT IN FAITH**
Following the Signum Fidei Retreat, do you feel ready to step out in faith and enter into participation in the life of the Church? What support do you need for this?

- **Total**: 96%
- **Strathfield**: 97%
- **Melbourne**: 90%
- **Brisbane**: 100%

**QUESTION 3 - TEACHING AS VOCATION**
Did the Signum Fidei Retreat help you to understand teaching as a vocation? Explain how the Retreat prepared you to teach in a Catholic school.

- **Total**: 95%
- **Strathfield**: 97%
- **Melbourne**: 95%
- **Brisbane**: 94%

**QUESTION 4 - OVERALL EXPERIENCE**
How would you describe the Retreat experience?

- **Total**: 100%
- **Strathfield**: 100%
- **Melbourne**: 100%
- **Brisbane**: 100%
**QUESTION 5 - CHURCH PARTICIPATION AND CAMPUS MINISTRY**
Do you want Campus Ministry to follow you up regarding Church participation?

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<thead>
<tr>
<th>Location</th>
<th>Yes Response</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>85%</td>
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<tr>
<td>Strathfield</td>
<td>82%</td>
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<tr>
<td>Melbourne</td>
<td>76%</td>
</tr>
<tr>
<td>Brisbane</td>
<td>94%</td>
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</table>

**QUESTION 6 - MODULE TWO: FAITH FORMATION AND MINISTRY IN CATHOLIC SCHOOLS**
Do you want to participate in Module Two - Faith Formation and Ministry in Catholic Schools?

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>Total</td>
<td>93%</td>
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<tr>
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<td>89%</td>
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<td>Melbourne</td>
<td>90%</td>
</tr>
<tr>
<td>Brisbane</td>
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**QUESTION 7 - MODULE THREE: YOUTH MINISTRY EXPERIENCE**
Do you want to participate in Module Three - Youth Ministry Experience?

<table>
<thead>
<tr>
<th>Location</th>
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</tr>
</thead>
<tbody>
<tr>
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<td>Melbourne</td>
<td>90%</td>
</tr>
<tr>
<td>Brisbane</td>
<td>91%</td>
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</table>
**BRISBANE FEEDBACK OVERVIEW**

1) Did the Signum Fidei Retreat help you to see signs of faith in your life? 100%

2) Following the Signum Fidei Retreat, do you feel ready to step out in faith and enter into participation in the life of the Church? 100%

3) Did the Signum Fidei Retreat help you to understand teaching as a vocation? 94%

4) How would you describe the retreat experience? 100%

5) Do you want Campus Ministry to follow you up regarding Church participation? 94.00%

6) Do you want to participate in Module Two - Faith Formation and Ministry in Catholic Schools? 97.00%

7) Do you want to participate in Module Three - Youth Ministry Experience? 91.00%

---

**PARTICIPANT RESPONSES**

**OVERALL RETREAT EXPERIENCE** - **HOW WOULD YOU DESCRIBE THE RETREAT EXPERIENCE?**

*This Retreat has felt very spiritually meaningful. I feel closer to God and can feel his peace within me.*

- Larissa McBunker

*Relatable and peaceful. Allowed me to connect with my faith and learn deeper things about my faith.*

- Chelsea Boreham

*My retreat experience was really fruitful. I wasn’t expecting praise and worship, but was really glad that we did it as it filled me up and reiterated my faith.*

- Rachel Spackman

*Eye opening, I’ve never experience faith like this, I loved it! I will try to continue discovering more about it.*

- Ellouise Spencer
This Signum Fidei retreat has helped me to reconnect to these solid foundations of my faith, and has introduced me to a whole new community of like minded people who I will be journeying with throughout my degree.

- Zaria

Being surrounded by like minded people deepened the sense of connection and belonging for the whole experience.

- Laura Racchi

I felt more connected than I ever have before. Being new to this, I look forward to what the future brings.

- Jessica Aylett

It really has! Although I already believe in God and am a Christian it just helped me to see through more of my faith and reconnecting again.

- Finda Musa

PARTICIPATION IN THE CHURCH - FOLLOWING THE SIGNUM FIDEI RETREAT, DO YOU FEEL READY TO STEP OUT IN FAITH AND ENTER INTO PARTICIPATION IN THE LIFE OF THE CHURCH? WHAT SUPPORT DO YOU NEED FOR THIS?

I do feel ready to step out in faith and step closer to my God and Jesus who is all-knowing, loving and life giving.

- Jade Davey

I want to go to Church more often and attend the Masses at university now that I know they are available.

- Catherine Miller

I am ready! Communication and direction with Church partners may be something I struggle with.

- Laura Racchi

This Retreat made me feel confident in stepping out of my comfort zone and trying new things. I just need encouragement and reassurance from my peers.

- Clarissa Chia

TEACHING AS VOCATION - DID THE SIGNUM FIDEI RETREAT HELP YOU TO UNDERSTAND TEACHING AS A VOCATION? EXPLAIN HOW THE RETREAT PREPARED YOU TO TEACH IN A CATHOLIC SCHOOL?

The retreat gave insight into what Catholic schools are looking for in terms of teachers. It helped me understand that one must have confidence in themselves before they can teach others.

- Clarissa Chia

The Retreat definitely opened my eyes to the sort of environment Catholic Schools systems would be like and I think that by doing Module Two, understanding teaching in a Catholic Schools will be really helpful.

- Rachel Spackman

At my prac school they go to Church and worship but I never connected until tonight. I feel more confident in teaching religion now.

- Ashlee Christmas

It showed me the important of my faith and the potential impact I can make with it.

- Patricia Nolan
Strathfield Signum Fidei Retreat

Thursday, 27 April

STRATHFIELD FEEDBACK OVERVIEW

1) Did the Signum Fidei Retreat help you to see signs of faith in your life?
   - 97%

2) Following the Signum Fidei Retreat, do you feel ready to step out in faith and enter into participation in the life of the Church?
   - 97%

3) Did the Signum Fidei Retreat help you to understand teaching as a vocation?
   - 97%

4) How would you describe the retreat experience?
   - 100%

5) Do you want Campus Ministry to follow you up regarding Church participation?
   - 82.00%

6) Do you want to participate in Module Two - Faith Formation and Ministry in Catholic Schools
   - 89.00%

7) Do you want to participate in Module Three - Youth Ministry Experience
   - 85.00%

PARTICIPANT RESPONSES

OVERALL RETREAT EXPERIENCE - HOW WOULD YOU DESCRIBE THE RETREAT EXPERIENCE?

Humbling, warm, beautiful, encouraging, appreciative and memorable.  
- Antoine

Enlightening in a sense that opens up my eyes in ways faith can be seen in my daily life.  
- Elizabeth Arane

Excellent! Great time to sit back, relax and let God take over and show us the way, truth and life.  
- Amelia

A much needed encounter with Christ. I was reminded that although I may not always feel his presence due to the overwhelming stress of day-to-day life, he is there waiting for me, rewarding me with peace.  
- Naomi Zaki
100% YES!!! Not only does it give me a time and place to reflect, I am able to put this into routine as an important time in my day to be closer to God.

- Teresa Tran

It reinforced a desire to look into my faith and how it makes my life more meaningful.

- Patrick Crisostomos

It helped me completely understand and believe that Jesus is always walking beside me.

- Sarah Silvestro

I feel invigorated and eager to participate more actively in my faith.

- Serena Saliba

I’ve been given opportunities to leap into my faith and signs to look forward and deepen my spirituality.

- Teresa Tran

I can’t wait to fully participate in my faith and bring God back into my life.

- Dean Rosadoe

I feel confident and inspired to increase my participation. I would love more opportunities and information on how to get involved.

- Shanaz Milimoria

It gave me an insight into the function and process of evangelisation and strengthening of faith.

- Antoine

As a teacher we are called to be that positive role model for the young people, especially those in the Church.

- Amelia

By encouraging students in their faith but also be willing to increase my own faith.

- Naomi Zaki

To teach the faith you need to overcome your doubts and be one with your faith. The retreat helped me to step closer to God and faith.

- Ryonna Fernandes

It reaffirmed my desire to spread my faith through my work as a teacher.

- Serena Saliba
Melbourne Signum Fidei Retreat
Thursday, 11 May

**MELBOURNE FEEDBACK OVERVIEW**

<table>
<thead>
<tr>
<th>Question</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>1) Did the Signum Fidei Retreat help you to see signs of faith in your life?</td>
<td>100%</td>
</tr>
<tr>
<td>2) Following the Signum Fidei Retreat, do you feel ready to step out in faith and enter into participation in the life of the Church?</td>
<td>90%</td>
</tr>
<tr>
<td>3) Did the Signum Fidei Retreat help you to understand teaching as a vocation?</td>
<td>95%</td>
</tr>
<tr>
<td>4) How would you describe the retreat experience?</td>
<td>100%</td>
</tr>
<tr>
<td>5) Do you want Campus Ministry to follow you up regarding Church participation?</td>
<td>76.00%</td>
</tr>
<tr>
<td>6) Do you want to participate in Module Two - Faith Formation and Ministry in Catholic Schools</td>
<td>90.00%</td>
</tr>
<tr>
<td>7) Do you want to participate in Module Three - Youth Ministry Experience</td>
<td>90.00%</td>
</tr>
</tbody>
</table>

**PARTICIPANT RESPONSES**

**OVERALL RETREAT EXPERIENCE - HOW WOULD YOU DESCRIBE THE RETREAT EXPERIENCE?**

*Eye opening and the perfect mix of seriousness with casual and comfortable vibes which made it easier to focus on the content.*

- Monique Voif

*The retreat was a very positive and eye opening experience that allowed us to progress through our faith journey.*

- Lauren

*Great small retreat to step away from my studies and reconnect with God.*

- Julie Nguyen

*The retreat was a unique spiritual experience that allowed participants to comfortably express their faith.*

- Sabrina Bignoux
**REPORT**: Signum Fidei Retreat

**SIGNS OF FAITH** - DID THE SIGNUM FIDEI RETREAT HELP YOU SEE THE SIGNS OF FAITH IN YOUR LIFE?

Before this retreat I was struggling to find how faith would fit into my life, but now I see Christ will me on that journey.

- Brylee Eadie

Rediscover the sign of my faith, that Jesus walked by my side from the beginning.

- Julie Nguyen

**PARTICIPATION IN THE CHURCH** - FOLLOWING THE SIGNUM FIDEI RETREAT, DO YOU FEEL READY TO STEP OUT IN FAITH AND ENTER INTO PARTICIPATION IN THE LIFE OF THE CHURCH? WHAT SUPPORT DO YOU NEED FOR THIS?

Hearing different stories made me interested to explore my faith in God and stepping out of my comfort zone.

- Beatrice Robies

I feel less scared and intimidated by the concept of trying new things and opening myself up to them without fear or embarrassment.

- Monique Voif

Through finding different avenues I would to reach out to the community in faith.

- Lauren

the retreat has given me the motivation to become more involved in my Church community and to also reconnect with my faith after falling out of touch with it.

- Dean Mackie

It has helped me to be more comfortable to start seeing the signs of faith in my life.

- Rose Marian Cunamongan

**TEACHING AS VOCATION** - DID THE SIGNUM FIDEI RETREAT HELP YOU TO UNDERSTAND TEACHING AS A VOCATION? EXPLAIN HOW THE RETREAT PREPARED YOU TO TEACH IN A CATHOLIC SCHOOL?

I feel like not only did the retreat teach me new values and give me a better understanding of faith, but also gave me some new skills and ideas on how to pass this understanding on to others in an engaging way

- Monique Voif

I realised how important it is as a pre-service teacher to have a strong faith and be a witness of Christ to future students.

- Julie Nguyen

This retreat has reinforced the importance of a firm faith when educating and dealing with students. Teaching is not only about the curriculum, but the pastoral care of the students and their formation

- Samantha Kerlin

The speakers from Signum Fidei provided a great example of how personal and effective faith sharing can be even in a professional setting.

- Nat Houston
Summary and Recommendations

Signum Fidei Module One Retreat

SUMMARY

Summary points on the Signum Fidei Retreats include:

1. The consistency of positive feedback evident in the 100% positive responses from the overall retreat experience (Question 4). This was also seen in the over 90% positive response regarding how Retreat experience allowed them to: see the Signs of Faith (Question 2); engage in the life of the Church (Question 3); and, understand teaching as a vocation so as to be prepared to teach in a Catholic school (3). Such a positive response illustrates both the quality of, and need for, the Signum Fidei program.

2. The quality of the organisation and input was high, a point expressed throughout the evaluations. The Signum Fidei Team is confident that this program can be implemented in any ACU campus across the country, multiple times per year with relative ease.

3. Overall, 28% of participants where in 3rd or 4th year education or teaching degrees. These 'later' year students strongly expressed a desire to continue in the program (complete Module Two and Module Three), even upon graduation.

4. A strong desire from student participants for participation in Module Two and Module Three. Participants voiced that accreditation would provide an incentive for students to engage with Signum Fidei.

RECOMMENDATIONS

Recommendations include:

1. Accreditation for Module Two and Module Three is a key priority for Signum Fidei moving forward. As outlined in the report, the Signum Fidei program achieves the university’s Strategic Goals including Catholic Identity and Students, Learning and Teaching. Accreditation for Module Two and Module Three will provide incentive to students to engage in the Program, a clear pathway of engagement and recognize the quality of the content and mode of delivery.

2. Increase participation numbers through a reviewed promotional strategy (including strategic promotion on LEO, increased emphasis on O-Week, promotion by education lecturers and tutors etc.). Numbers will also significantly increase with credit point accreditation for Module Two and Module Three.

3. Overall, 89% of participants expressed they would like to participate in Module Three. To meet the demand of providing ministry opportunities for students to engage with, it is recommended that La Salle Academy explores Module Three being conducted alongside the Graduate Certificate in Education: Leading the New Evangelisation mission experience unit.

4. Follow up will be a key phase in the implementation of the Signum Fidei Module One. Overall, 85% of participants requested support from Campus Ministry in engaging in the life of the Church within and beyond ACU (Question 5). In addition, follow up from the La Salle Academy will be important to engage participants into Module Two and Module Three.

5. Develop an Individual Church Participation Plan to support Campus Pastoral Associates with identifying a pathway for students to enter into participation in the life of the Church.

6. Ensure Module One Retreats are timetabled to avoid any clashes with core education units, maximise accessibility of students and ensure adequate rooms and spaces are available.

7. Due to the foundational notion of the program, and positive response to such content, it is recommended that Signum Fidei is explored as a core priority for the university. This could include opening Signum Fidei Module One and Module Three up to students beyond education. A desire for this by non-education students (eg. nursing and para-medicine) has already been voiced.

8. Shorten the timeframe of the Retreat from 4pm to 8pm (4 hours) to ensure increased numbers and accessibility.
# APPENDIX 1: SIGNUM FIDEI RETREAT SCHEDULE

## MODULE ONE – CATHOLIC LIFE AND PRACTICE

The Introduction retreat experience for Module one will be conducted with the support of campus Pastoral Associates, students and teachers in the CSYMA network. Module Two will have the full Porta Fidei retreat experience incorporated into the program. It is a program focused on entering the ‘door of faith’ and includes a peer-to-peer youth ministry and teacher witness experience.

**Signum Fidei National Team:**
- Peter Woods (Director of Faith Formation programs, La Salle Academy)
- Huw Warmenhoven (Youth Minister, Signum Fidei)
- Sally Hood (Youth Minister, Signum Fidei)
- Mark Lysaght (Associate Director Campus Ministry)
- Christian Nobleza (Campus Ministry Projects Coordinator)

**Local Team:**
- **Brisbane:** Gabby Flores, Fr Harry
- **Strathfield:** Dony Rodriguez, Meagan Williams
- **Melbourne:** Nathan Costin, Fr Paul Chandler, FX NET team

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Responsibility</th>
<th>Notes</th>
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<tbody>
<tr>
<td>3pm</td>
<td>Registrations and Afternoon Tea</td>
<td>CPA’s &amp; Local Team</td>
<td>Name tags</td>
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<tr>
<td></td>
<td></td>
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<td>Registration Sheet</td>
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<td>Journals</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Welcome Music &amp; activities</td>
</tr>
<tr>
<td>3.30pm</td>
<td><strong>Session One:</strong> Signum Fidei – Signs of Faith</td>
<td>Peter</td>
<td>Vision for Retreat: Signum Fidei Journey and the signs of faith</td>
</tr>
<tr>
<td></td>
<td><strong>Aim:</strong> Students to explore faith within their lived context</td>
<td>Sally &amp; Huw</td>
<td>Input: Signs of Faith</td>
</tr>
<tr>
<td></td>
<td><strong>Scripture:</strong> The Road to Emmaus (Luke 24:13-35)</td>
<td>Huw</td>
<td>Sharing: Signs of faith in my life. Being open to faith, encountering Christ and the signs of faith that follow. Encouragement for them to be open</td>
</tr>
<tr>
<td></td>
<td>Welcome and Vision for Signum Fidei and Module One</td>
<td>Sally</td>
<td>Reflection Activity: Emmaus Journey</td>
</tr>
<tr>
<td></td>
<td>(15 mins)</td>
<td></td>
<td>- Why am I here?</td>
</tr>
<tr>
<td></td>
<td>Prayer and Ice breakers (15 mins)</td>
<td></td>
<td>- Where am I at?</td>
</tr>
<tr>
<td></td>
<td>Multi-media on theme (3 mins)</td>
<td></td>
<td>- Jesus journeying with me</td>
</tr>
<tr>
<td></td>
<td>Input on theme (12 mins)</td>
<td>Peter</td>
<td>Reflection Activity: Emmaus Journey</td>
</tr>
<tr>
<td></td>
<td>• Break open Road to Emmaus</td>
<td>Sally</td>
<td>- Why am I here?</td>
</tr>
<tr>
<td></td>
<td>Sharing (5 mins)</td>
<td>Huw</td>
<td>- Where am I at?</td>
</tr>
<tr>
<td></td>
<td>• Breaking open lived experience on the Q’s: my road to Emmaus</td>
<td>Sally</td>
<td>- Jesus journeying with me</td>
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<tr>
<td></td>
<td>• BNE: Gabby Flores</td>
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<td></td>
<td>• STRATH: Dony Rodriguez</td>
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<td>• MELB: Nathan Costin</td>
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<tr>
<td></td>
<td>Reflection activity (10-15 mins)</td>
<td>Sally/Huw Intro</td>
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<tr>
<td></td>
<td>• Reflect on Emmaus scripture: underline what stands out to you, how it relates to you</td>
<td>All</td>
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<td></td>
<td>Small Groups (20 mins)</td>
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<td></td>
<td>• Reflect on Q’s 1-3 on P.11 of journal</td>
<td></td>
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<tr>
<td>5pm</td>
<td>Short Break</td>
<td>Peter Woods and Mark Lysaght</td>
<td>Tea, coffee, drinks available</td>
</tr>
<tr>
<td>5.30pm</td>
<td><strong>Vision for Mission in SF</strong></td>
<td></td>
<td>Music to be playing in background</td>
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### Module 1: Church Participation and Log Books - Input from Campus Pastoral Associates;

Module 2 and 3 opportunities including mission experiences

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<th>Activity</th>
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<td>6pm</td>
<td>Dinner</td>
</tr>
<tr>
<td>7pm</td>
<td><strong>Session Two:</strong> Stepping out in Faith</td>
</tr>
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</table>

**Scripture:** Stepping Out in Faith (Matthew 14:22-33)

*Peter answered him, ‘Lord, if it is you, command me to come to you on the water.’ He said, ‘Come.’ So Peter got out of the boat, started walking on the water, and came towards Jesus. But when he noticed the strong wind,[b] he became frightened, and beginning to sink, he cried out, ‘Lord, save me!’ Jesus immediately reached out his hand and caught him, saying to him, ‘You of little faith, why did you doubt?’*

Music and Worship (2 or 3 songs) (10 mins)

Input on theme (10-12 mins)
- Break open Scripture: Invitation to Faith
- Multimedia and debrief/reflection (pair-share)

Sharing’s
- BNE: Aaron Houghton
- STRATH: ???
- MELB: NET

Intro to Response

Prayer and Response
- Prayer Teams
- Worship throughout
- Finish session with 1-2 Up-songs

Small Groups debrief (15 mins)
Feedback from each group (1 person)
Wrap up and thank-you’s, feedback form, where to from here.

<table>
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<th>Time</th>
<th>Activity</th>
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<tr>
<td>8.45</td>
<td>Finish</td>
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<td>Leave</td>
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